



ENDOMETRIOSIS SURGERY 2016

PURSuing PRECISION *with* PASSION



HONOREE  
FARR NEZHAT, MD



PROGRAM CHAIRS TAMER SECKIN, MD & HARRY REICH, MD

ENDOMETRIOSIS SURGERY 2016  
PURSUING PRECISION *with* PASSION

CONFERENCE AT A GLANCE

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AWARENESS DAY **SUNDAY**

Disease Realities, Whole Patient Care, Community Work

SCIENTIFIC SYMPOSIUM **MONDAY & TUESDAY**

Advancing the Science and Surgery of Endometriosis

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LENOX HILL HOSPITAL, EINHORN AUDITORIUM  
131 E 76TH STREET, NEW YORK, NY 10021



UNION CLUB OF THE CITY OF NEW YORK  
101 EAST 69TH STREET, NEW YORK, NY 10021

Dear Friends,

The Endometriosis Foundation of America (EFA) would like to welcome you to its 7<sup>th</sup> annual Medical Conference, *Endometriosis Surgery 2016: Pursuing Precision with Passion*. This meeting gathers patients, loved ones, educators, researchers, and clinicians to discuss one of the most prevalent, yet elusive, women's health issues of our time. We are thrilled to have you join us for what will undoubtedly be an insightful forum.

The previous year has been truly exciting and productive for the endometriosis community. Across the country, people are coming together to raise awareness about this unsung disease. 2015 brought more media coverage of women's health issues, and specifically endometriosis, than ever before. Researchers around the globe are looking for answers that will directly impact clinical care. For the first time, legislators are being made aware of, and responding to the lack of treatment options for endometriosis patients and scarcity of funding for research. Organizations across sectors including academia, non-profit and for-profit industries are pooling resources to tackle some of the biggest challenges faced by those affected by endometriosis, and we are thrilled to be part of this change.

Today, we gather to celebrate our collective achievements. The EFA's devotion to educating medical professionals, patients, and loved ones through informational and enriched dialogue remains a hallmark of our work. As such, the next three days will offer a diverse and comprehensive agenda. Namely, we are pleased to present the third annual Harry Reich Award to Farr Nezhat, MD, FACOG, FACS, and look forward to hearing his keynote address on endometriosis and cancer at the conclusion of this conference.

By advancing the science and surgery of endometriosis, the EFA hopes that all patients will soon be able to receive the effective intervention they deserve. Thank you for attending, and for working to improve the lives of those affected by endometriosis.

Sincerely,

TAMER SECKIN, MD

Founder

Handwritten signature of Tamer Seckin in black ink.

PADMA LAKSHMI

Founder

Handwritten signature of Padma Lakshmi in blue ink.

## FOUNDERS



**TAMER SECKIN, MD**

Tamer Seckin, MD, is an endometriosis specialist and surgeon in private practice in New York at Lenox Hill Hospital. He specializes in advanced laparoscopic surgery for the treatment of endometriosis and associated pelvic pain pathologies. He has pioneered several surgical techniques including the deep excision of endometriosis, bloodless myomectomy for the treatment of fibroids, and advances in the visualization of endometriosis during surgery.

In 2009, Dr. Seckin founded the Endometriosis Foundation of America (EFA), the first advocacy foundation organized by a practicing physician to raise awareness and emphasize the critical value of early diagnosis and excisional treatment of endometriosis.

Dr. Seckin has developed and patented various surgical instruments for the excision of endometriosis. He has written and contributed to publications, medical journals and textbooks on the topic of endometriosis and minimally invasive gynecological surgery.

He is the author of *The Doctor Will See You Now: Recognizing and Treating Endometriosis* published March 2016 and is a recipient of the Ellis Island Medal of Honor for his work with the EFA.



**PADMA LAKSHMI**

Emmy-nominated Padma Lakshmi is internationally known as a television host, food expert, model and award-winning author. Lakshmi recently wrapped filming her twelfth season as Host and Executive Producer of Bravo's Emmy award-winning "Top Chef."

Lakshmi established herself as a food expert early in her career, having hosted two successful cooking shows and writing the best-selling cookbook *Easy Exotic*, for which she won the *International Versailles Event* for best cookbook by a first time author. She followed its success with her second cookbook, *Tangy, Tart, Hot & Sweet*, which has over 150 recipes from around the world alongside a number of intriguing personal memoirs. In addition to her own books, she has also written for such publications as *American Vogue*, *Gourmet*, *Parade* and *British and American Harper's Bazaar* as well as being a syndicated columnist for *The New York Times*. In March 2016, Lakshmi released her first book of prose, *The New York Times* best-selling memoir *Love, Loss and What We Ate*, published by Harper Collins/ECCO.

In 2009, Lakshmi founded the Endometriosis Foundation of America alongside advanced laparoscopic surgeon, Tamer Seckin, MD. Opening up about her own harrowing journey with the little-known disease, she has brought hope to millions of women suffering in silence and made enormous strides in spreading awareness and garnering funding for research and teen health education. She has been recognized by the New York state senate for her efforts in women's health and also helped to launch the first research center in the US for gynopathology at MIT.

## ABOUT THE ENDOMETRIOSIS FOUNDATION OF AMERICA

### **THE ENDOMETRIOSIS FOUNDATION OF AMERICA (EFA),**

founded by Tamer Seckin, MD and Padma Lakshmi, is at the forefront of combatting endometriosis, a debilitating disease affecting an estimated one in ten women of reproductive age. Since its inception, the EFA has increased disease visibility through public awareness campaigns, partnered with key stakeholders to expand the endometriosis knowledge base, educated both the medical community and general public, advocated for increased funding and patient support, and encouraged early diagnosis through its adolescent education initiative.



Harry Reich  
AWARD

Founded by Dr. Tamer Seckin, and awarded by the EFA, the Harry Reich Award recognizes extraordinary healthcare professionals who are making a difference in the lives of those affected by endometriosis. Through their practice, research, and advocacy, their achievements inspire, encourage, and embolden women to take charge of their health.



**HARRY REICH, MD, FACOG, FRCOG, FACS** is a pioneer in the field of laparoscopic surgery having performed many firsts, including the first laparoscopic hysterectomy, the first pelvic lymphadenectomy for cancer, and the first excision of cul-de-sac endometriosis that included rectal resection. A graduate of Lehigh University and the Royal College of Surgeons in Ireland, Dr. Reich was the Director of Advanced Laparoscopic Surgery at Columbia Presbyterian Medical Center until 2000. Consistently listed among the Best Doctors in America, Dr. Reich has operated in more than 60 countries, introducing advanced laparoscopic surgery to many of them including Russia, Australia, and Argentina. In 1991, Dr. Reich received the first Excel Award for his extraordinary contributions by the Society of Laparoendoscopic Surgeons (SLS) and in 1997, he became the first non-European given honorary membership in the European Society of Gynecologic Endoscopy. Dr. Reich is an Honorary Professor in Russia and Romania, and was appointed a Fellow (ad eundem) of the Royal College of Obstetricians and Gynecologists in 2012 for his pioneering work in the field of endoscopy. He has been the chairperson of the advanced laparoscopic course in Moscow, Russia for the past 20 years, and is the co-author of several textbooks including the Textbook of Laparoscopy, 2nd and 3rd Editions (1994 and 1998), Principles of Laparoscopic Surgery: Basic and Advanced Techniques (1995), and Laparoscopic Hysterectomy (1993). He has served as president of the SLS (1994) and of the International Society for Gynecologic Endoscopy. Though retired, Dr. Reich remains actively involved in many medical organizations, and serves as a reviewer for multiple gynecologic scientific journals.

**FARR NEZHAT, MD, FACOG, FACS** is a board certified gynecologic oncologist. He is a world-renowned authority in advanced laparoscopic and robotic surgery for the treatment of gynecological cancers and complex benign conditions such as uterine fibroids, pelvic masses and severe and multi-organ endometriosis.

He is Adjunct Professor of Obstetrics, Gynecology, and Reproductive Medicine at the School of Medicine at Stony Brook University. He is the Director of the Division and Fellowship in Minimally Invasive Gynecologic Surgery and Robotics, Department of Obstetrics and Gynecology, at Winthrop University Hospital.

Dr. Nezhat devoted his early career to pioneering advanced laparoscopic surgical techniques for treating extensive pelvic endometriosis and other pelvic pathologies and contributed numerous surgical "firsts" to the literature, establishing evidence-based protocols for improved patient care. One of his main interests is the laparoscopic management of ovarian cysts and masses. He demonstrated the ability to manage adnexal masses by laparoscope instead of by laparotomy, and this has had a profound medical and societal impact.

Recognizing the potential impact of minimally invasive surgery in the treatment of gynecologic cancer, Dr. Nezhat completed a fellowship in gynecologic oncology at Mount Sinai Medical Center. Subsequently, he was able to refine and develop laparoscopic operative techniques for efficient, safe and effective application in gynecological oncology. His work resulted in several groundbreaking publications on laparoscopic and robotic management of cervical, endometrial and ovarian cancer. He developed an interest in cancer arising from endometriosis, resulting in widely recognized, influential studies.

He contributes prolifically to the scientific and medical literature, having authored over 200 manuscripts, four textbooks and dozens of book chapters. He organizes numerous post-graduate courses and is a regularly invited faculty member at national and international professional societies and congresses.

Dr. Nezhat established a minimally invasive surgery division and fellowships at three hospitals, benefitting countless numbers of fellows, residents, medical students and national and international visiting physicians. He was one of the first to perform, publish and teach robotic surgery in gynecology.

He was a founding member of The Society of Laparoendoscopic Surgeons, established in 1992, and has continuously served the SLS in various board positions since 1994, including President, Vice President and Treasurer. Dr. Nezhat's surgical fellowship program is certified by SLS.





*The ENPOWR*  
AWARD

As a reflection of the program, the ENPOWR Award recognizes an institution's demonstrated commitment to women's health in education. The EFA has selected The Brooklyn Latin School as the recipient of this year's second annual ENPOWR Award.



The Brooklyn Latin School (TBLS) exemplifies a high standard of academic excellence and social responsibility. Founded in 2006, TBLS opened its doors on the border of the Williamsburg and Bushwick section of Brooklyn as a specialized high school dedicated to improving public education. The EFA would also like to recognize health teacher, Jenna Monahan, for her continuous prioritization of ENPOWR's education for her students. As a result of TBLS's and Jenna's admirable commitment, the EFA has educated approximately 40% of the student body, and continues to schedule more presentations each semester. We are proud to recognize Jenna Monahan and The Brooklyn Latin School with this distinction.



## THE ENPOWR PROJECT

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The **EN**dometriosis: **P**romoting **O**utreach and **W**ide **R**ecognition (ENPOWR) Project is the EFA's school- and community-based endometriosis education program. Launched in 2013, ENPOWR equips young people with the necessary tools to serve as advocates for their own health and navigate a challenging healthcare landscape. Specifically, this initiative explains the signs, symptoms, and treatments of endometriosis, encouraging young women to seek early diagnosis and timely intervention when appropriate.

The ENPOWR Project is a result of Dr. Seckin's vision to inhibit disease progression and improve patient quality of life through early detection and diagnosis. Combined with the annual conference, ENPOWR is the EFA's signature initiative, and it aims to reduce the unacceptable delay to diagnosis that currently exists.

2015 brought significant growth and change for The ENPOWR Project, as the EFA positioned health educators, interns, and volunteers across New York State. As a result, 14,000 adolescents at 122 sites have received this critical endometriosis education.

While we are proud of the EFA's New York expansion, it is clear that tremendous demand for The ENPOWR Project exists far beyond its current reach. As such, the EFA has developed, and is now piloting, a new phase of implementation. Titled, the Endo EduKit, this public health program will deliver an highly replicable tool to the doorsteps of community volunteers and school staff, allowing adolescent endometriosis education to go nationwide!



## PROGRAM SUNDAY, APRIL 17<sup>TH</sup> | ENDOMETRIOSIS AWARENESS DAY

TIME	PRESENTATION TITLE	SPEAKERS
8:00-8:30	<b>Registration and breakfast</b>	
8:30-8:45	<i>The Big Picture of Endometriosis</i>	Tamer Seckin, MD
<b>SESSION I: DIAGNOSIS AND DISEASE IMPACT</b>		
8:45-9:00	<i>Questions your doctor forgot to ask and early misdiagnosis</i>	Ja Hyun Shin, MD
9:00-9:15	<i>The gut feeling: When is "IBS" really endometriosis?</i>	Bruce Yaffe, MD
9:15- 9:30	<i>Painful intercourse and quality of life: The impact of endometriosis on relationships</i>	Lone Hummelshøj
9:30-9:45	<i>Endometriomas and fertility</i>	Kristin Patzkowsky, MD
9:45-10:00	<i>Endometriosis: A high-risk population for major chronic diseases?</i>	Leslie Farland, MSc, ScD
10:00-10:30	DISCUSSION	
10:30-10:40	<b>Break</b>	
10:40-11:00	KEYNOTE: <i>Framing endometriosis as a public health and social justice issue</i>	Jhumka Gupta, MPH, ScD
11:00-11:10	<i>Giving patients the tools to contribute to endometriosis research</i>	Noemie Elhaded, PhD
11:10-11:20	<i>The ROSE Study: Improving clinical care by finding the cause</i>	Peter K. Gregersen, MD
11:20-11:40	<i>Beyond individualized care: How the EFA is making a difference</i>	Theresa Davidson, MPH, MEd Nina Baker, MPH The Brooklyn Latin School
11:40-12:00	DISCUSSION	
12:00-12:55	<b>Lunch</b>	
<b>SESSION II: TREATMENT CONSIDERATIONS</b>		
12:55-1:05	<i>Optimizing treatment: Talking to your doctor</i>	Abby Norman
1:05-1:20	<i>The role of hysterectomy in definitive treatment</i>	Micheal Lewis, MD
1:20-1:35	<i>Update on medical treatment options</i>	Jin Hee (Jeannie) Kim, MD
1:35-1:50	<i>Why is there still pain?</i>	Gerard DeGregoris, MD
1:50-2:05	<i>Musculoskeletal causes of pelvic pain after excision of endometriosis</i>	Allyson Shrikhande, MD
2:05-2:40	DISCUSSION	
2:40-3:10	<i>Multidisciplinary pain therapies:</i> <ul style="list-style-type: none"> <li>▪ Physical therapy</li> <li>▪ Integrative nutrition</li> <li>▪ Acupuncture</li> </ul>	Sallie Sarrel, DPT Jessica Drummond, MPT Christopher Butler, LAc
3:10-3:45	DISCUSSION	
3:45-4:00	Closing remarks and the direction of future research	Lone Hummelshøj
4:00	<b>Meeting adjourned</b>	

TIME	PRESENTATION TITLE	SPEAKERS
8:00-8:30	<b>Registration and breakfast</b>	
8:30-8:45	Welcome address	Tamer Seckin, MD
<b>SESSION I: PATHOGENESIS AND DIAGNOSIS</b>		
8:45-9:00	<i>The role of microRNAs in the pathophysiology of endometriosis</i>	Asgi Fazleabas, PhD
9:00-9:15	<i>Early diagnosis and optimal timing of intervention: How to approach endometriosis in adolescents</i>	Heather Appelbaum, MD
9:15-9:30	<i>Diagnosis of occult and stromal endometriosis: The blue dye technique</i>	Tamer Seckin, MD
9:30-9:45	DISCUSSION	Faculty
<b>SESSION II: TREATMENT CONSIDERATIONS</b>		
9:45-10:00	<i>Preventing Complications</i>	Melanie Marin, MD
10:00-10:15	<i>Synchronizing symptoms with consequences: Painful orgasm and intercourse</i>	Suzanne Fenske, MD
10:15-10:30	<b>Break</b>	
10:30-10:45	<i>Replacing natural estrogen with bio-identical hormones</i>	Keith Isaacson, MD
10:45-11:00	<i>Neuropathy and nerve sparing surgery</i>	Ja Hyun Shin, MD
11:00-11:15	<i>Continuity of care</i>	Wendy Winer, RN
11:15-11:30	<i>Endometriosis and oocyte cryopreservation</i>	Tomer Singer, MD
11:30-12:00	DISCUSSION	Faculty
12:00-12:50	<b>Lunch</b>	
<b>SESSION III: SURGICAL CONSIDERATIONS</b>		
12:50-1:05	<i>Extrapelvic endometriosis</i>	Jin Hee (Jeannie) Kim, MD
1:05-1:20	<i>Endometrioma: Challenges and controversies to preserving ovarian function</i>	Kristin Patzkowsky, MD
1:20-1:35	<i>Retroperitoneum and cul-de-sac surgery</i>	Juan Salgado-Morales, MD
1:35-1:50	<i>Endometriosis from a colorectal perspective</i>	Alexis Grucela, MD
1:50-2:00	<b>Break</b>	
2:00-2:15	<i>Vaginal excision of endometriosis</i>	Rosanne Kho, MD
2:15-2:30	<i>The need to improve the therapeutic strategy of endometriosis treatment</i>	Mauricio Abrão, MD
2:30-2:45	<i>Robotic surgery for endometriosis</i>	Vladimir Nikifarouk, MD
2:45-3:15	DISCUSSION	Faculty
<b>SESSION IV: RESEARCH CONSIDERATIONS</b>		
3:15-3:30	<i>Research considerations in endometriosis</i>	Linda Griffith, PhD
3:30-3:45	<i>Global research perspectives</i>	Lone Hummelshøj
3:45-4:00	Closing remarks	Harry Reich, MD
4:00	<b>Meeting adjourned</b>	

## PROGRAM TUESDAY, APRIL 19<sup>TH</sup> | SCIENTIFIC SYMPOSIUM

TIME	PRESENTATION TITLE	SPEAKERS
8:30-9:00	<b>Registration and breakfast</b>	
9:00-9:15	Welcome address	Tamer Seckin, MD
<b>SESSION I: HONOREE'S KEYNOTE LECTURE</b>		
9:15-9:45	<i>Endometriosis and cancer</i>	Farr Nezhat, MD
9:45-9:55	DISCUSSION	
<b>SESSION II: TREATMENT CONSIDERATIONS AND CHALLENGES</b>		
9:55-10:15	<i>Endometriosis: The cure and why we are not there yet</i>	Harry Reich, MD
10:15-10:35	<i>Knowledge, practice, experience, and judgment. Endometriosis: A complex yet common disease</i>	Ray Wertheim, MD
10:35-10:55	<i>Surgical approach to a difficult pelvis</i>	William Burke, MD
10:55-11:15	<i>The biology and etiology of endometriosis-associated ovarian cancer (EAOC)</i>	Dennis Chi, MD
11:15-11:45	<b>Lunch</b>	
11:45-12:05	<i>Medical apps: Ideas for endometriosis and how they will change your practice</i>	Paul Alan Wetter, MD
12:05-12:25	<i>Endometrioma: Timing of surgery vs. IVF</i>	Pinar Kodaman, MD, PhD
12:25-12:45	<i>Should we ablate or resect endometriosis?</i>	Michael Nimaroff, MD
<b>SESSION III: RESEARCH CONSIDERATIONS</b>		
12:45-1:05	<i>Endometriosis and stem cells</i>	Hugh Taylor, MD
1:05-1:15	Closing remarks	Tamer Seckin, MD Harry Reich, MD
1:15	<b>Meeting adjourned</b>	

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## MEDICAL CONFERENCE FACULTY

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### AWARENESS DAY SPEAKERS

**NINA BAKER, MPH**, Education and Outreach Coordinator, Endometriosis Foundation of America

**CHRISTOPHER BUTLER, LAC, FABORM**, Lead Clinician, Maplewood Holistic Center and Cranford Chiropractic Center

**THERESA DAVIDSON, MED, MPH**, Managing Director, Endometriosis Foundation of America

**GERARD DEGREGORIS III, MD**, Director of Education and Research, Manhattan Spine & Pain Medicine; Clinical Assistant Professor of Anesthesiology, Hofstra Northwell School of Medicine

**JESSICA DRUMMOND, MPT, CCN, CHC**, Founder and CEO of the Integrative Women's Health Institute, Greater New York City Area

**NOEMIE ELHADAD, PHD**, Associate Professor of Biomedical Informatics, Affiliated with Computer Science, Columbia University; Chair of the Health Analytics Center, Columbia University Data Science Institute

**LESLIE FARLAND, MSC, SCD**, Epidemiologist, Harvard T.H. Chan School of Public Health Center for Infertility and Reproductive Surgery, Brigham and Women's Hospital

**PETER K. GREGERSEN, MD**, Director, Center for Genomics and Human Genetics, The Feinstein Institute for Medical Research; Professor, Molecular Medicine, Hofstra Northwell School of Medicine

**JHUMKA GUPTA, SCD, MPH**, Assistant Professor, Department of Global and Community Health, George Mason University

**MICHAEL LEWIS, MD, FACOG**, Director of Minimally Invasive Gynecologic Surgery and Associate Residency Program Director, New York Methodist Hospital

**ABBY NORMAN**, Endometriosis author, FLARE

**SALLIE SARREL, PT, ATC, DPT**, Pelvic Physical Therapy Private Practice, New York and New Jersey

**ALLYSON A. SHRIKHANDE, MD**, Physical Medicine and Rehabilitation, and Pelvic Pain Physician, New York Bone and Joint Specialists; Voluntary Faculty Department of Rehabilitation Medicine, Lenox Hill Hospital

**BRUCE YAFFE, MD**, Internist and Gastroenterologist, Lenox Hill Hospital

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## MEDICAL CONFERENCE FACULTY

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**MAURICIO ABRÃO, MD**, Associate Professor of Obstetrics and Gynecology, University of São Paulo Medical School, Brazil; Director, Endometriosis Division, Department of Obstetrics and Gynaecology, São Paulo University, Brazil

**HEATHER APPELBAUM, MD**, Pediatric Obstetrics and Gynecology, Long Island Jewish Medical Center

**WILLIAM M. BURKE, MD**, Gynecologic Oncology at Valley Hospital; Assistant Clinical Professor in Gynecologic Oncology, Columbia University College of Physicians and Surgeons

**DENNIS CHI, MD, FACOG, FACS**, Deputy Chief of Gynecology Service, Head of Ovarian Cancer Surgery Section, Memorial Sloan Kettering Cancer Center; Department of Surgery, Memorial Sloan Kettering Cancer Center

**ASGI T. FAZLEBAS, PHD**, Professor and Associate Chair in the Department of Obstetrics, Gynecology and Reproductive Biology, Michigan State University; Director of the Center for Women's Health Research and Co-Director of the Reproductive and Developmental Sciences Program, Michigan State University

**SUZANNE FENSKE, MD**, Director Mount Sinai Pelvic Pain Center; Assistant Professor, Obstetrics, Gynecology and Reproductive Science, Mount Sinai Hospital

**LINDA GRIFFITH, PHD**, Director of the MIT Center for Gynepathology Research; S.E.T.I Professor of Biological and Mechanical Engineering, Massachusetts Institute of Technology

**ALEXIS L. GRUCELA, MD, FACS**, Assistant Professor, Department of Surgery, NYU School of Medicine; Colorectal and General Surgeon, NYU Langone Medical Center

**LONE HUMMELSHØJ**, Secretary General of the World Endometriosis Society; Chief Executive of the World Endometriosis Research Foundation; Publisher/Editor-in-chief of [www.endometriosis.org](http://www.endometriosis.org)

**KEITH B. ISAACSON, MD**, Director of Minimally Invasive Gynecologic Surgery and Infertility, Newton-Wellesley Hospital; Associate Professor of Obstetrics and Gynecology, Harvard Medical School

**ROSANNE M. KHO, MD**, Associate Professor of Obstetrics-Gynecology, College of Medicine, Mayo Clinic; MIGS Fellowship Program Director, Department of Medical and Surgical Gynecology, Mayo Clinic, Arizona

**JIN HEE (JEANNIE) KIM, MD**, Assistant Professor of Obstetrics and Gynecology, Division of Gynecologic Surgical Services, Columbia University, College of Physicians and Surgeons

SCIENTIFIC  
SYMPOSIUM FACULTY

## MEDICAL CONFERENCE FACULTY

**PINAR H. KODAMAN, MD, PHD**, Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences, Yale School of Medicine; Director of Advanced Endoscopic Reproductive Surgery Program and Director of Reproductive Endocrinology and Infertility Elective; Yale School of Medicine

**MELANIE MARIN, MD**, Adjunct Assistant Clinical Professor of Obstetrics and Gynecology, Mount Sinai Medical Center; Physician, New York Physicians

**VLADIMIR NIKIFOROUK, MD, FACOG**, Pocono Medical Center

**MICHAEL NIMAROFF, MD, FACOG**, Executive Vice Chairman of Obstetrics and Gynecology and the Chief of the Division of Minimally Invasive Gynecological Surgery for Northwell Health; Director of the AAGL accredited Fellowship Program in Minimally Invasive Gynecological Surgery and Center of Excellence in Minimally Invasive Gynecological Surgery at North Shore University Hospital; Assistant Professor of OB/GYN, Hofstra Northwell School of Medicine

**KRISTIN E. PATZKOWSKY, MD**, Assistant Professor of Gynecology and Obstetrics, John Hopkins Medicine; Member of Minimally Invasive Surgery Group and the Multidisciplinary Fibroid Center for the Division of Gynecologic Specialties, John Hopkins Medicine

**JUAN SALGADO-MORALES, MD, FACOG**, President & Founder of Maternal Fetal Medicine & Gynecology Center, PSC; Associate Professor Universidad Central del Caribe School of Medicine, Bayamón, PR

**JA HYUN SHIN, MD**, Assistant Professor, Department of Obstetrics & Gynecology and Women's Health, Albert Einstein College of Medicine; Director of Pelvic Pain Clinic and Assistant Director for Minimally Invasive GYN Surgery Fellowship, Montefiore Medical Center

**TOMER SINGER, MD**, Assistant Professor at Hofstra Northwell School of Medicine; Director of Egg Freezing Program, Northwell Health; Program Director for the Department of Obstetrics and Gynecology, Lenox Hill Hospital

**HUGH S. TAYLOR, MD**, Chair of Obstetrics, Gynecology, and Reproductive Sciences, Yale School of Medicine; Chief of Obstetrics and Gynecology, Yale-New Haven Hospital

**RAY WERTHEIM, MD, FACOG**, Director of the Center of Excellence in Minimally Invasive Gynecological Surgery, Inova Fair Oaks Hospital

**PAUL ALAN WETTER, MD**, Founder and Chairman of the Society of Laparoendoscopic Surgeons (SLS)

**WENDY WINER, RN, BSN, CNOR**, Endoscopic Surgery Specialist; Director of Research and Technology Development, Center for Endometriosis Care

## EFA PROGRAM HIGHLIGHTS

### THE ENPOWR PROJECT

The **Endometriosis: Promoting Outreach and Wide Recognition (ENPOWR)** Project is the EFA's signature program that informs adolescents about the signs, symptoms and treatments of endometriosis. ENPOWR also promotes empowerment so that young people can serve as advocates for their own health. Having already educated 14,000 adolescents, ENPOWR's reach continues to grow, and this year, the EFA is excited to launch ENPOWR's Endo EduKit, which will allow endometriosis education to be brought nationwide!

### UPDATES IN RESEARCH

The EFA has partnered with several academic institutions in order to add to the evidence base related to endometriosis. Titled the Research OutSmarts Endometriosis (ROSE) study, the EFA has continued its relationship with Northwell's Feinstein Institute for Medical Research to investigate characteristics of endometrial tissue samples. The EFA is also collaborating with George Mason University to examine social aspects and quality of life issues related to painful periods in adolescents. Additionally, the EFA is partnering with researchers at Columbia University to study the patient experience when undergoing endometriosis treatment, disease patterns, and treatment outcomes.

### SIXTH ANNUAL MEDICAL CONFERENCE

Held in April 2015, the EFA's sixth annual scientific and surgical symposium, "Ending Endometriosis Starts at the Beginning," explored the most novel approaches for diagnosis, treatment, and research through dynamic dialogue. Ronald Batt, MD, PhD and Robert Taylor, MD, PhD were honored with the second annual Harry Reich Award for their lifelong commitment to endometriosis clinical care, research and advocacy.

### ANNUAL AWARENESS DAY

Held in conjunction with the Medical Conference, the 2015 Awareness Day allowed patients, loved ones, educators, and healthcare providers the opportunity to engage in an open forum discussion. Deborah Bush, QSM, Dip Tchng. LSB, a pioneer in endometriosis education and women's health in New Zealand, shared insights on coping with endometriosis. Attendees shared their personal experiences in breakout rooms, discussing topics such as, infertility, menopause, and relationships and sex. Senator Jeffrey Klein of the Bronx and the Young Women's Leadership Network received the inaugural ENPOWR Award for their prioritization of adolescent health education.

### ADVOCATING ON CAPITOL HILL

During Endometriosis Awareness Month, EFA founder, Padma Lakshmi, met with federal legislators from both sides of the aisle to raise endometriosis awareness. We are excited to see the results these meetings will yield!





Endometriosis education pioneer, Deborah Bush, got guests on their feet for an interactive presentation at 2015's patient Awareness Day.



Paint Nite, a community-galvanizing event, brought EFA supporters together for an artistic night of socializing, fun and relaxation.



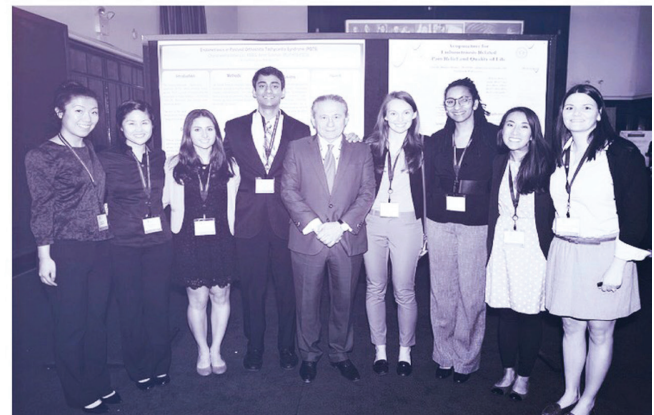
Patients, family members and health professionals had an opportunity to ask their pressing questions to a panel of specialists, when the EFA hosted an informational event at NYU Langone Medical Center.



Padma Lakshmi educates students at The Beacon School about the importance of menstrual health and health promotion. The ENPOWR Project has educated 14,000 adolescents!



The EFA led the charge last March for Endometriosis Awareness Month and turned Rockefeller Plaza yellow! Endometriosis patients, loved ones and supporters came out in the cold to make endometriosis seen and heard on national television.



Dr. Tamer Seckin and EFA Managing Director, Theresa Davidson, pose with medical students who received travel scholarships at last year's conference. Educating young physicians is a crucial component of decreasing the delay to diagnosis and central to the EFA's mission.

The EFA wishes to acknowledge and thank the following individuals and organizations for their professional expertise and support in helping to make our Seventh Annual Medical Conference a success.

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4 Imprint  
April Printing  
Emilee Burton Creative Direction  
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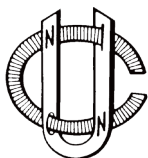
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In January 2008, Chef Jean-Louis Dumonet became the Executive Chef of the Union Club of New York. Born in Poitiers, he grew up in Paris where his family owned two Parisian bistros, Josephine and La Rotisserie.

From 1983-1987, he was the Chef for Louis Outhier's restaurant operations in Bangkok, London and Lisbon. He and his wife Karen then operated their own restaurant, "Restaurant Jean-Louis Dumonet," in Chateauroux, France until 1991. In July 1992, they opened Trois Jean Bistro in New York City. In 1994, he was awarded the prestigious title "Maître Cuisinier de France," Master Chef of France, the youngest of only 48 in the U.S. when he joined. Since 1995, he has served as Secretary of the American Canadian Chapter of the "Association des Maîtres Cuisiniers de France," and became the President in 2002.

Jean-Louis was the Executive Chef at The Carlyle from 2001-2005. In May 2005, he became the Corporate Executive Chef for Saks Fifth Avenue, overseeing all Saks Fifth Avenue restaurants in the United States of America.

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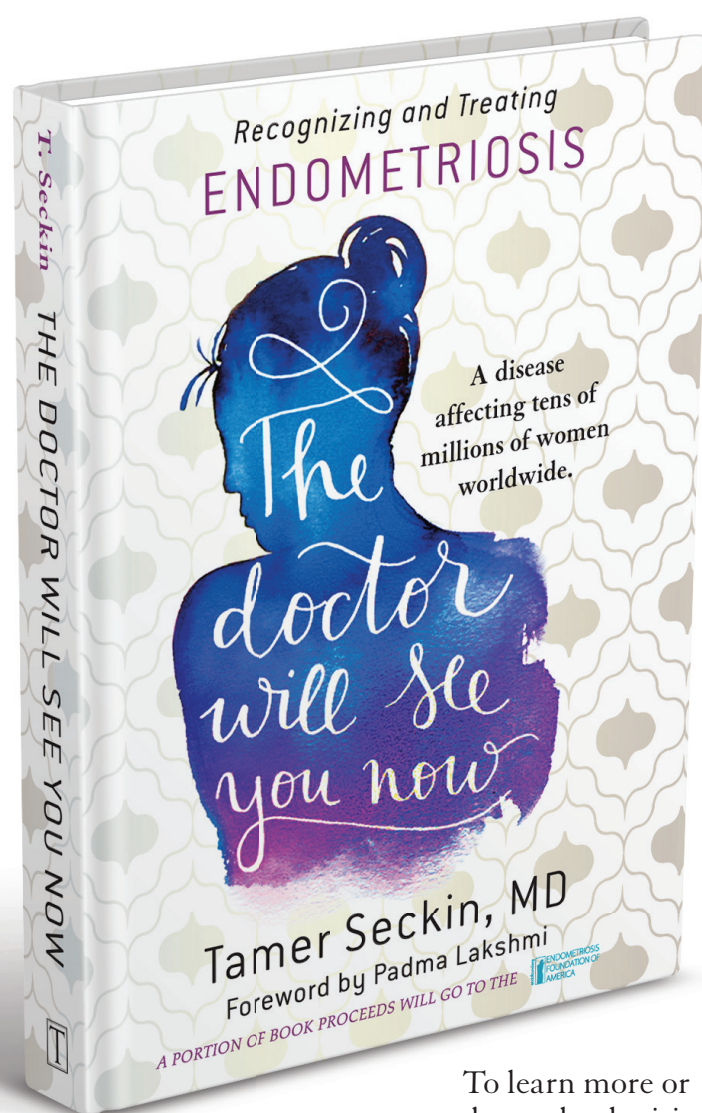
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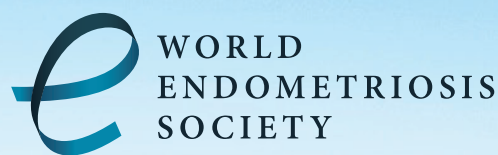
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Early Bird Registration	17 June 2016	31 January 2017
Regular Registration	1 February 2017	17 April 2017
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