

# KILLER CRAMPS ARE NOT NORMAL.

ARE YOU MISSING SCHOOL, WORK, SPORTS OR SOCIAL ACTIVITIES  
EVERY MONTH DUE TO YOUR PERIOD?  
PAINFUL CRAMPING AND DISTRESSING SYMPTOMS DURING YOUR PERIOD  
MAY BE CAUSED BY **ENDOMETRIOSIS**.

## YOU ARE NOT ALONE.

ENDOMETRIOSIS AFFECTS **176 MILLION**  
WOMEN AND GIRLS WORLDWIDE.

JUST BECAUSE YOU'RE A WOMAN  
DOESN'T MEAN YOU NEED TO SUFFER.

## WE CAN HELP!

FOR INFORMATION AND TO CONNECT WITH OTHERS  
WHO UNDERSTAND, PLEASE VISIT  
**THE ENDOMETRIOSIS FOUNDATION OF AMERICA**  
ONLINE AT [WWW.ENDOFUND.ORG](http://WWW.ENDOFUND.ORG)

